

GETTING STARTED

To begin a thorough assessment, first, I need a few things:

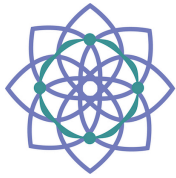
- I appreciate the time that you will spend completing the **parent questionnaire**. Simply leave blank any items that you are not able to answer or that are not appropriate for your child's age.
- Please provide **copies of reports from any other professionals**.

You can send everything by email (preferred) or US mail - or just drop a package at my home office. Please let me know if you have any questions.

Thank you for giving me the opportunity to work with you and your child.

Sincerely,

Sarah C. Wayland, Ph.D.
Special Needs Care Navigator
Relationship Development Intervention (RDI) Certified Consultant



Parent Questionnaire

Today's date: _____

Child's full name: _____

Prefers to be called: _____

Birth date: _____ Age: _____

Sex: Male/Female (circle one)

Home address: _____ Zip _____

Mailing address: _____ Zip _____

Parent/ guardian (A) name: _____

Home phone: _____ Work phone: _____

Cell phone: _____

Preferred phone for contact?

M-F, 9am – 5pm (check one) Home Work Cell

Evenings after 5pm & weekends (check one) Home Work Cell

Email: _____

Parent/ guardian (B) name: _____

Home phone: _____ Work phone: _____

Cell phone: _____

Preferred phone for contact?

M-F, 9am – 5pm (check one) Home Work Cell

Evenings after 5pm & weekends (check one) Home Work Cell

Email: _____

Whose idea was it to have this evaluation? _____

Were you specifically referred by someone? Yes/ No

Whom: _____

Address: _____

Phone: _____

Your Child

Please list your child’s strengths, abilities, and interests:

Reasons for Assessment:

What specific problems would you like help with?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

TESTING – PREVIOUS EVALUATIONS AND TREATMENTS

Please indicate if your child has had any of the following, and attach any relevant reports:

SCHOOL TESTING (such as an IEP evaluation, speech/language testing, OLSAT, etc.)?

Year	Grade	Type of Testing (IQ, Language, OT, PT, SLP, educational, etc.)

OTHER EVALUATIONS including psychologist, neurologist or other specialist doctors?

Year	Professional’s Name	Type of Testing	Diagnoses? (Please list)

MEDICAL TESTS including EEG, MRI, Chromosome test, etc.?

Year	Type of Testing	Results

PAST TREATMENT

Include diets, medications, psychological counseling, psychiatric help, tutoring, speech-language therapy, occupational therapy, physical therapy, alternative therapy, other.

<i>Treatment/Reason/ Provider</i>	<i>How often?</i>	<i>Approximate dates</i>
1. _____ _____	_____	_____
2. _____ _____	_____	_____
3. _____ _____	_____	_____
4. _____ _____	_____	_____
5. _____ _____	_____	_____

Any plans for changing treatments or adding new ones?

FAMILY HISTORY

Parent/ guardian (A) Age: _____ Relationship: _____ Years of education: _____

Place of employment: _____

Type of employment: _____

Parent/ guardian (B) Age: _____ Relationship: _____ Years of education: _____

Place of employment: _____

Type of employment; _____

Is child adopted? Yes/No? If yes, age when adopted: _____ Country of origin: _____

Are parents separated? _____ divorced? _____ deceased? _____ If so, child lives mainly with:

If parents live separately, please describe current custody, visitation:

Principal language spoken at home:

Other languages and frequency of usage:

Please list all other children in the family:

Name	Age	School grade
------	-----	--------------

_____	_____	_____
-------	-------	-------

_____	_____	_____
-------	-------	-------

_____	_____	_____
-------	-------	-------

_____	_____	_____
-------	-------	-------

_____	_____	_____
-------	-------	-------

_____	_____	_____
-------	-------	-------

_____	_____	_____
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Please list any others living in the child's home:

Name	Age	Relationship to child
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_____	_____	_____
-------	-------	-------

_____	_____	_____
-------	-------	-------

_____	_____	_____
-------	-------	-------

_____	_____	_____
-------	-------	-------

_____	_____	_____
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Family Medical History Inventory

Other than the child for whom you are seeking this consultation, please check if there has ever been concern about any of the following in the family. Write on the line how the affected family member is related to your child (e.g. mother, father, sister, brother, paternal or maternal uncle, grandparent, etc.)

- Problems with hyperactivity, impulsivity, or attention deficits as a child _____
- Trouble with reading or math, other learning disability _____
- Kept back a grade in school _____
- Failed to graduate high school _____
- Speech problems _____
- Mental retardation _____
- Autism (PDD, Asperger's, autism) _____
- Developmental disorder or delay _____
- Seizures _____
- Behavior problems in childhood or adolescence _____
- In trouble with law: assaults, thefts, arrests _____
- Physical abuse or sexual abuse _____
- Depression/ suicide _____
- Anxiety _____
- Obsessive-compulsive behavior _____
- Tics or Tourette's Syndrome _____
- Drinking /Drug problem _____
- Other significant physical or mental illness. Please describe:

Is there anyone in the family who had or has problems like your child's?

MEDICAL HISTORY

Child's primary physician: _____

Physician's address: _____

Physician's telephone number: _____

Pregnancy, Delivery and Newborn History

Mother's age when child was born: _____ Birthweight: _____

Length of pregnancy (e.g. full term, 38 weeks, etc): _____

Were there any complications during pregnancy or delivery? Yes/No (circle). If yes, please describe.

Childhood Medical History

Hospitalization(s)/ Surgery:

Significant medical problems/illnesses/serious injuries.

Allergies (food, drug, environmental):

Date of last physical exam: _____ weight: _____ height: _____

By Dr. _____

Any problems or concerns:

Bowel/Bladder

Is your child toilet trained? Yes/No (circle one). Please describe any current issues with toileting:

Sleep

Please describe the usual bedtime routine:

Trouble falling or staying asleep? Yes/No/Often/Sometimes (circle one) If Yes, Often, or Sometimes, what usually happens and how do you handle it?

- Very heavy sleep
- Noisy breathing or snoring during sleep
- Trouble getting up in the morning
- Excessive naps or feels tired during the day

Wakes in the morning at what time? _____

Developmental Milestones

	Yes	No	Too Young
1. Sit up by 8 months?			
2. Crawl by 10 months?			
3. Walk by 15 months? Age: ____ months			
4. Speak in 2 word sentences by 2 years?			
5. Could strangers understand your child by 3 years?			
6. Toilet trained during the day by 3 ½ years?			
7. Dry at night by 5 years?			
8. Read simple words by 6 years?			

<i>Developmental Difficulties</i>	Yes	No	Too Young
1. Urine accidents? Daytime or night time wetting?			
2. Stool/bowel accidents (soiling)?			
3. Difficulty falling asleep or bedtime behavior?			
4. Difficulty staying asleep or staying in bed at night?			
5. Difficulty waking up in the morning?			
6. Difficulty with self-care (feeding self, washing or toileting)?			
7. Difficulty with learning to button, zip or dress?			
8. Difficulty learning to throw and catch a ball?			
9. Difficulty learning to name colors or shapes?			
10. Difficulty learning to name letters or numbers?			
11. Difficulty learning to ride a tricycle or bicycle?			

Did your child seem to develop normally but then lose developmental skills? Yes/No (circle one). If yes, describe.

Please share anything that you feel was notable during the child’s early development. How did this affect the family?

Has your child taken medication for attention, behavior, or emotional problems? Yes/No (circle one). If yes, please fill in the table below. .

Medication (e.g. Focalin XR)	Dosage (e.g. 20 mg 3x day)	Date Started	Date Stopped	Effects or Adverse Effects

Does your child have a special diet? If so , please explain.



SCHOOL

Child's current school/ daycare: _____

Grade: _____

How long has your child been at this school/ daycare? _____

Contact person: _____

School/ daycare address: _____

School/ daycare phone: _____

School/ daycare e-mail: _____

School/ daycare website: _____

Approximately how many children are in your child's current classroom(s)? _____

Did your child attend any other school/ preschool/ nursery school in the past? Yes/No (circle one). If yes, where?

Please describe the class makeup, physical space, teaching style, educational program, activities, or any other relevant details:

Is your child in special education? Yes/No (circle) If yes, what type?

Placement, Programs and Services (now or in the past)	No	Yes	If Yes, when?
Early Intervention Program?			
Speech Therapy?			
Occupational Therapy?			
Physical Therapy?			
Repeated a grade? If yes, which grade(s)? _____			
Suspended from school?			
Failed or is failing a grade or subjects?			
Received any special education services?			
Placed in any special classes, program or school?			
Received resource room support or school-based tutoring?			
Received tutoring outside school?			
Received a Section 504 plan?			
Currently receiving any special education services?			
If yes, specify			

Do you feel that the school currently meets your child's needs? Yes/No (circle one). If No, what needs are not being met? Future plans for school placement or special help?

At previous daycares, preschools, or schools, were there any problems with behavior or learning? Yes/No (circle one) If yes, describe below.



COMMUNICATION

Is your child verbal? Yes/No/Sometimes (circle one)

If no, how does your child communicate?

At what age did your child begin to ...

Make speech sounds? _____

Say words? _____

Say sentences? _____

Give some examples of things your child may typically say.

Please describe concerns you have related to communication and your child.

SOCIAL FUNCTIONING

Some children behave in unusual ways. Please review the following items and indicate if they describe your child's behavior.

Social Skills		Not True	Somewhat True	Very True
1.	Poor eye contact			
2.	Doesn't use gestures (pointing)			
3.	Doesn't try to use words to communicate			
4.	Echoes words or phrases			
5.	Speaks in unusual tone or manner			
6.	Hard to get child's attention			
7.	Seems preoccupied, aloof or distant			
8.	Repetitive behaviors (flaps hands, moves body or fingers in unusual ways)			
9.	Prefers to be alone; ignores others			
10.	Difficulty relating to peers or making friends			
11.	Unusual play behaviors; little pretend play			
12.	Has unusual or very intense interests			
13.	Takes things too literally; misses the point			
14.	Handles change poorly; insists on sameness			

How many hours per week does your child spend interacting with others? _____

How many hours per week does your child spend watching TV or playing on other electronic devices?

Please list other activities and indicate amount of time spent on each.

Do you own a computer? Yes/No (circle one)

Does your child use a computer for school work? Yes/No (circle one)

Does your child have internet access? Yes/No (circle one)

BEHAVIORAL FUNCTIONING

Behavior Symptoms - A		Never	Some-times	Often	Very Often
1.	Makes many careless errors				
2.	Difficulty concentrating on difficult tasks				
3.	Does not seem to <u>listen</u> when spoken to				
4.	Doesn't finish tasks (such as schoolwork); Shifts from one activity to another				
5.	Difficulty organizing tasks or belongings				
6.	Avoids tasks that require concentration or effort				
7.	Loses or misplaces things				
8.	Is easily distracted by unimportant things				
9.	Is forgetful				
10.	Fidgets with hands; squirms in seat				
11.	Difficulty remaining seated when asked				
12.	Runs or climbs when told not to				
13.	Has difficulty playing quietly				
14.	Is "on the go"; Acts like "driven by a motor"				
15.	Talks excessively				
16.	Blurts out or answers questions before they have been completed; Talks before thinking;				
17.	Difficulty awaiting turn in groups				
18.	Interrupts (butts into conversations or games)				
19.	Daydreams; "in his/her own world", stares blankly				
20.	Does things slowly				
21.	Tries his/her best				

Behavior Symptoms – B		Never	Sometimes	Often	Very Often
1.	Is eager to please adults				
2.	Loses temper				
3.	Argues with adults				
4.	Defies or refuses to do as asked				
5.	Deliberately annoys others				
6.	Blames other for own misbehavior or mistakes				
7.	Is touchy or easily annoyed by others				
8.	Is angry or resentful				
9.	Tries to get even or takes out anger on others				
10.	Is kind to others; has a “good heart”				
11.	Does serious lying or cheating				
12.	Bullies, threatens or intimidates others				
13.	Starts physical fights				
14.	Steals things				
15.	Deliberately destroys others’ property				
16.	Deliberately starts fires				
17.	Uses a weapon when fighting (rock, stick, etc.)				
18.	Is mean or physically cruel to people				
19.	Is mean or physically cruel to animals				
20.	Is preoccupied with or involved in sexual activity				
21.	Hangs around with kids who get in trouble				

Behavior Symptoms – C		Never	Sometimes	Often	Very Often
1.	Is affectionate				
2.	Unusually sensitive hearing, sense of smell, or light sensitivity.				
3.	Bothered by how things feel (certain clothes, being hugged)				
4.	Over- or under-sensitive to pain				
5.	Easily over-stimulated; gets “wound up” or shuts down if too much going on				
6.	Unusual or limited diet				
7.	Hurts herself/himself on purpose?				
8.	History of eating things that are not food (“pica”)?				
9.	Has strange ideas (describe below)				
10.	Unusual or strange behavior (describe below)				
11.	Lacks awareness of danger?				
12.	Excessive or public masturbation				
13.	Excessive thumb-sucking or nail-biting				
14.	Other habits (e.g. pulls out hair or lashes)				

Describe any concerns about behavior

How do you usually handle misbehavior?

How does your child respond to being told “no” or being corrected for misbehaving?

Do you use physical punishment such as spanking? Yes/No (circle one). If so, how often?

How does your child respond to praise, rewards or positive reinforcement?

Do you and your spouse or partner agree on how to handle your child's behavior? (Circle one)

Usually Agree *Sometimes Agree* *Rarely Agree*

EMOTIONAL HISTORY

Emotional Symptoms		Never	Some- times	Often	Very Often
1.	Recovers easily from disappointments?				
2.	Acts too young, seems "immature"?				
3.	Over-reacts or easily upset?				
4.	Irritable or easily angered?				
5.	Is moody or has mood swings?				
6.	Has temper tantrums?				
7.	Has violent outbursts or prolonged rages?				
8.	Cries a lot?				
9.	Feels bad about self (low self-esteem)?				
10.	Unhappy, sad or depressed?				
11.	Low energy or tired for no reason?				
12.	Talks about death or suicide?				
13.	Enjoys many activities?				
14.	Worried, nervous or anxious?				
15.	Worries about leaving home or parents?				
16.	Refuses to speak except to family members?				
17.	Too concerned with neatness or cleanliness?				
18.	Unusual habits? Has to do things a certain way?				
19.	Can't stop worrying? (germs, doing things perfectly, family in danger, natural disasters)				
20.	Very self-conscious or easily embarrassed?				
21.	Avoids going to school?				
22.	Overly fearful? Specify:				

CURRENT FUNCTIONING

Please describe your child's personality.

What are your child's strengths?

Challenges?

Please list your child's interests and favorite things.

How does your child handle separation from parents? Describe any issues with separation.

Who is your child most attached to and most affectionate with? How does your child show affection to others?

Describe your child's ability to take instruction from others. Does your child show a desire to learn?

Please describe your child's social interests. Does your child prefer to play alone or with others? When and how does your child show interest in others?

How does your child handle transitions to new people and situations?

Does your child ever initiate play with others? How?

Are there ways to approach your child that do or do not work?

Does your child have any interest in peers? Please describe.

Other Family, Environmental, or Life Stresses (experienced by child)

Circle best answer according to current impact:

0= no problem; 1=little; 2=medium; 3=big problem

FAMILY STRESSES

- | | | | | |
|---|---|---|---|---|
| 0 | 1 | 2 | 3 | Death of parent |
| 0 | 1 | 2 | 3 | Death of other family member |
| 0 | 1 | 2 | 3 | Death of pet |
| 0 | 1 | 2 | 3 | Substance abusing parent(s) |
| 0 | 1 | 2 | 3 | Physical or sexual abuse of family member |
| 0 | 1 | 2 | 3 | Mental or behavioral disorder of parent or sibling |
| 0 | 1 | 2 | 3 | Physical illness of parent or sibling |
| 0 | 1 | 2 | 3 | Addition of a sibling |
| 0 | 1 | 2 | 3 | Physical separation from primary caregiver |
| 0 | 1 | 2 | 3 | Marital discord |
| 0 | 1 | 2 | 3 | Separation/ divorce |
| 0 | 1 | 2 | 3 | Parent dating |
| 0 | 1 | 2 | 3 | Re-marriage |
| 0 | 1 | 2 | 3 | Blended family |
| 0 | 1 | 2 | 3 | Domestic violence |
| 0 | 1 | 2 | 3 | Change in primary caregiver |
| 0 | 1 | 2 | 3 | Primary caregiver does not speak language of the community |
| 0 | 1 | 2 | 3 | Parent or family member with crime problem |
| 0 | 1 | 2 | 3 | Parent underemployed |
| 0 | 1 | 2 | 3 | Parent working long hours outside the home |
| 0 | 1 | 2 | 3 | Lack of support from extended family |
| 0 | 1 | 2 | 3 | Taboo subjects (e.g., money, certain behaviors, family relationships) |
| 0 | 1 | 2 | 3 | Illiteracy of parent |

CHILD'S PERSONAL STRESSES

- | | | | | |
|---|---|---|---|---|
| 0 | 1 | 2 | 3 | Physical or sexual abuse |
| 0 | 1 | 2 | 3 | Neglect |
| 0 | 1 | 2 | 3 | Physical changes (e.g., weight loss or gain, acne, puberty, etc.) |
| 0 | 1 | 2 | 3 | Foster care / institutional care |
| 0 | 1 | 2 | 3 | Adoption |
| 0 | 1 | 2 | 3 | Witness to violence |
| 0 | 1 | 2 | 3 | Chronic, long term, or undiagnosed illness |
| 0 | 1 | 2 | 3 | Disability (diagnosed or undiagnosed) (list: _____) |
| 0 | 1 | 2 | 3 | Unusual interests and/or different ways of thinking |
| 0 | 1 | 2 | 3 | Performance anxiety (sports, music, pleasing parents, etc.) |
| 0 | 1 | 2 | 3 | Not enough free time |

PEER RELATIONSHIP STRESSES

- | | | | | |
|---|---|---|---|--|
| 0 | 1 | 2 | 3 | Discord with peers (e.g., bullying, exclusion, etc.) |
| 0 | 1 | 2 | 3 | No peers with shared interests |
| 0 | 1 | 2 | 3 | Loss of a good friend |
| 0 | 1 | 2 | 3 | Social media stress |
| 0 | 1 | 2 | 3 | Worry about friends who are struggling |

COMMUNITY STRESSES

- 0 1 2 3 Adjustment to a new and different culture
- 0 1 2 3 Social discrimination or isolation of family from community
- 0 1 2 3 Religious or spiritual problem

EDUCATIONAL STRESSES

- 0 1 2 3 Inadequate school facilities
- 0 1 2 3 New school and/or new teacher (circle)
- 0 1 2 3 Does not get along with teacher(s)
- 0 1 2 3 Does not get along with classmates
- 0 1 2 3 Unexpected change to teacher or classroom (circle)
- 0 1 2 3 Poor academic performance (Which class(es)? _____)
- 0 1 2 3 Too much schoolwork
- 0 1 2 3 Too much homework
- 0 1 2 3 Undiagnosed/unrecognized/unsupported disability

INADEQUATE RESOURCES

- 0 1 2 3 Food insecurity/lack of adequate nutrition
- 0 1 2 3 Homelessness or uncertain housing
- 0 1 2 3 Financial instability
- 0 1 2 3 Lack of adequate health care

ENVIRONMENTAL STRESSES

- 0 1 2 3 Unsafe neighborhood
- 0 1 2 3 New school
- 0 1 2 3 Long trip (e.g., vacation)
- 0 1 2 3 Big celebration (birthdays, communion, bar/bat mitzvahs, weddings, etc.)
- 0 1 2 3 Unexpected changes (unannounced change in plans, teacher, etc.)
- 0 1 2 3 Uncertainty (not knowing what will happen)
- 0 1 2 3 Dealing with relatives
- 0 1 2 3 Exposure to upsetting news stories
- 0 1 2 3 Natural disaster